Placement of the Neuro headset for stimulation of the Default Mode Network (DMN)

The default-mode network (DMN) is one of the best-studied resting-state networks. It represents the maintenance of baseline human cognition and metabolic equilibrium. The DMN consists of a group of strongly interconnected brain regions (i.e., posterior cingulate cortex (PCC), precuneus, inferior parietal, medial prefrontal cortex, and medial temporal cortex).

A NOTE to USERS:

1. The vertical yellow line runs from the middle of the ear up to point A1 at the middle of the top of the head.
2. The horizontal yellow line runs from the top of the ear to point B1 at the middle of the back of the head.
3. The red line C runs in the middle in between the yellow lines, at 45°, to the point C1, above the precuneus, where the lens of the middle back LED module should be placed.